

# HealthTrust/CoreTrust 2020 Preventive List

## Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis  
(a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your healthcare provider can help you avoid serious illness and high healthcare costs.

In this drug list, brand-name medications are shown in UPPERCASE (for example, LANOXIN) and generic medications in lowercase (for example, digoxin).

## **Special coverage for preventive medications**

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Preventive medications are a group of products in your plan's formulary which tells you what medications your plan covers.

Please note that most medications on the formulary have a deductible, but preventive medications do not. To check the cost of any medication, see your benefit handbook or contact customer service at the member phone number on your ID card.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

## **Quality drives our decisions**

A group of doctors and pharmacists meets often to review medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan's preventive medications list.

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A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category. For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.

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# 2020 Preventive Medication List

## Expanded listing by therapeutic category

### AGENTS FOR CHEMICAL DEPENDENCY

acamprosate calcium  
buprenorphine sublingual  
duprenorphine/naloxone sublingual  
Depade  
disulfiram  
naltrexone  
SUBOXONE FILM

### ANTIARRHYTHMIC AGENTS

amiodarone  
disopyramide  
dofetilide  
flecainide  
Pacerone  
propafenone  
propafenone er

### ANTICONVULSANTS

carbamazepine  
carbamazepine er  
clobazam  
clonazepam  
divalproex sodium dr  
divalproex sodium er  
Eptol  
ethosuximide  
felbamate  
lamotrigine  
lamotrigine er  
levetiracetam  
levetiracetam er  
oxcarbazepine  
phenobarbital  
phenytoin

phenytoin sodium extended release  
primidone  
tiagabine  
topiramate  
topiramate er  
valproic acid  
vigabatrin  
zonisamide

### ANTIDEPRESSANTS

amitriptyline  
amoxapine  
clomipramine  
desipramine  
desvenlafaxine er  
doxepin  
duloxetine dr  
imipramine HCl  
imipramine pamoate  
Irenka  
maprotiline  
mirtazapine  
nortriptyline  
phenelzine  
protriptyline  
tranylcypromine  
trazodone  
trimipramine  
venlafaxine  
venlafaxine er

### ANTIMALARIAL AGENTS

atovaquone/proguanil  
chloroquine  
mefloquine  
primaquine

### ANTIOBESITY AGENTS

BELVIQ  
BELVIQ XR  
benzphetamine  
CONTRAVE  
diethylpropion  
diethylpropion er  
phendimetrazine  
phendimetrazine er  
phentermine  
QSYMIA  
SAXENDA  
XENICAL

### ANTIPSYCHOTICS

ABILIFY MAINTENA  
ABILIFY MYCITE  
ADASUVE  
aripiprazole  
aripiprazole odt  
ARISTADA  
ARISTADA INITIO  
chlorpromazine  
clozapine  
clozapine odt  
CLOZARIL  
compro  
EQUETRO  
FANAPT  
FAZACLO  
fluphenazine  
GEODON  
haloperidol  
INVEGA  
INVEGA SUSTENNA  
INVEGA TRINZA  
LATUDA

<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

<sup>†</sup> Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule

loxapine  
molindone  
NUPLAZID  
olanzapine  
olanzapine odt  
olanzapine / fluoxetine  
paliperidone er  
perphenazine  
PERSERIS  
prochlorperazine  
quetiapine fumarate  
quetiapine fumarate er  
REXULTI  
RISPERDAL CONSTA  
RISPERDAL M-TAB  
risperidone  
risperidone m-tab  
risperidone odt  
SAPHRIS  
SYMBYAX  
thioridazine  
thiothixene  
trifluoperazine  
VERSACLOZ  
VRAYLAR  
ziprasidone  
ZYPREXA RELPREVV  
ZYPREXA ZYDIS

## ASTHMA AND COPD

ACCOLATE  
ADVAIR DISKUS  
ADVAIR HFA  
AEROSPAN  
albuterol sulfate  
albuterol sulfate er  
ANORO ELLIPTA  
ARCAPTA NEOHALER  
ARNUITY ELLIPTA  
ATROVENT HFA  
BREO ELLIPTA  
BROVANA  
budesonide  
COMBIVENT RESPIMAT  
cromolyn  
DALIRESP

difil-g forte  
ELIXOPHYLLIN  
FLOVENT DISKUS  
FLOVENT HFA  
FLUTICASONE PROPIONATE/  
SALMETERO  
fluticasone/salmeterol diskus  
INCRUSE ELLIPTA  
ipratropium  
ipratropium / albuterol  
isoproterenol aer  
levalbuterol  
LONHALA MAGNAIR  
metaproterenol  
montelukast  
PEAKFLOW METERS<sup>‡</sup>  
PERFOROMIST  
PROAIR HFA  
PROAIR RESPICLICK  
PULMICORT FLEXHALER  
SEREVENT DISKUS  
SPIRIVA HANDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
terbutaline  
THEO-24  
theochron  
theophylline  
theophylline CR  
theophylline ER  
TRELEGY ELLIPTA  
VENTOLIN HFA  
wixela inhub  
XOPENEX  
XOPENEX CONCENTRATE  
zafirlukast  
zileuton ER  
ZYFLO  
ZYFLO CR

## BOWEL PREPARATIONS

COLYTE  
GAVILYTE  
GOLYTELY

MOVIPREP  
NULYTELY  
OSMOPREP  
peg 3350/electrolytes  
PREPOIK  
SUPREP

## CANCER

anastrozole  
ARIMIDEX  
AROMASIN  
exemestane  
FARESTON  
FEMARA  
letrozole  
raloxifene  
SOLTAMOX  
tamoxifen  
toremifene

## CARDIOVASCULAR/ HEART DISEASE

### Anti-Anginal Agents

DILATRATE SR  
GONITRO  
ISORDIL TITRADOSE  
isosorbide dinitrate  
isosorbide dinitrate ER  
isosorbide mononitrate  
isosorbide mononitrate ER  
minitran  
NITRO-BID  
NITRO-DUR  
nitroglycerin  
nitroglycerin er  
nitroglycerin lingual  
nitroglycerin transdermal  
NITROLINGUAL PUMPSPRAY  
NITROMIST  
nitro-time  
petn  
ranolazine er

### Anticoagulants

AGGRENOX  
ARIXTRA<sup>SP</sup>

<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

<sup>‡</sup> Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule

aspirin/dipyridamole  
BEVYXXA  
BRILINTA  
cilostazol  
clopidogrel  
COUMADIN  
dipyridamole  
DURLAZA  
EFFIENT  
ELIQUIS  
enoxaparin <sup>SP</sup>  
fondaparinux <sup>SP</sup>  
FRAGMIN <sup>SP</sup>  
heparin  
jantoven  
LOVENOX <sup>SP</sup>  
PLETAL  
PRADAXA  
prasugrel  
SAVAYSA  
warfarin  
XARELTO  
XARELTO STARTER PACK  
YOSPRALA  
ZONTIVITY

### Cardiac Glycosides

digitek  
digox  
digoxin  
LANOXIN

### High Blood Pressure

ACCUPRIL  
ACCURETIC  
acebutolol  
ADALAT CC  
afeditab CR  
ALDACTAZIDE  
ALDACTONE  
amiloride  
amiloride / hctz  
amlodipine  
amlodipine / benazepril  
amlodipine / valsartan  
amlodipine / olmesartan

amlodipine / valsartan / hctz  
ATACAND HCT  
atenolol  
atenolol/chlorthalidone  
AVALIDE  
benazepril  
benazepril / hctz  
BETAPACE  
betaxolol  
bisoprolol  
bisoprolol / hctz  
BLOOD PRESSURE MONITORS †  
bumetanide  
BUMEX  
BYSTOLIC  
BYVALSON  
CALAN  
CALAN SR  
candesartan  
candesartan / hctz  
captopril  
captopril / hctz  
CARDIZEM  
CARDIZEM CD  
CARDURA  
CAROSPIR  
cartia XT  
carvedilol  
CATAPRES  
chlorothiazide  
chlorthalidone  
clonidine  
CLORPRES  
CORGARD  
CORZIDE  
DEMADEX  
DEMSEER  
DIBENZYLIN  
diltiazem CD  
diltiazem  
diltiazem ER  
DIURIL  
doxazosin  
DUTOPROL  
DYRENIUM  
EDARBI  
EDARBYCLOR

EDECIN  
enalapril  
enalapril / hctz  
EPANED  
eplerenone  
eprosartan  
ethacrynic acid  
ezide  
felodipine ER  
FIRST - ATENOLOL †  
FIRST - METOPROLOL †  
fosinopril  
fosinopril / hctz  
furosemide  
guanfacine  
HEMANGEOL  
hydralazine  
hydrochlorothiazide  
indapamide  
INSPIRA  
irbesartan  
irbesartan / hctz  
isradipine  
labetalol  
lisinopril  
lisinopril / hctz  
LOPRESSOR  
LOPRESSOR HCT  
losartan potassium  
losartan potassium / hctz  
LOTENSIN  
matzim LA  
MAXZIDE  
MAXZIDE-25  
methyclothiazide  
methyldopa  
methyldopa / hctz  
metolazone  
metoprolol er  
METOPROLOL ER / HCTZ  
metoprolol  
metoprolol / hctz  
MICROZIDE  
MINIPRESS  
minoxidil tablet  
moexipril  
moexipril / hctz

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nadolol  
nadolol / bendroflumethiazide  
nicardipine  
nifedipine  
nifedipine ER  
nimodipine  
nisoldipine  
nisoldipine ER  
NYMALIZE  
olmesartan  
olmesartan / amlodipine / hctz  
olmesartan / hctz  
perindopril  
phenoxybenzamine  
pindolol  
prazosin  
PRESTALIA  
PROCARDIA  
PROCARDIA XL  
propranolol  
propranolol ER  
propranolol / hctz  
QBRELIS  
quinapril  
quinapril / hctz  
ramipril  
sotalol  
SOTYLIZE  
spironolactone  
spironolactone / hctz  
SULAR  
TARKA  
taztia XT  
TEKTURNA  
TEKTURNA HCT  
telmisartan  
telmisartan / amlodipine  
telmisartan / hctz  
TENORETIC  
terazosin  
TIAZAC  
timolol (tablet)  
torsemide  
trandolapril  
trandolapril / verapamil er  
triamterene

triamterene / hctz  
TWYNSTA  
valsartan  
valsartan / hctz  
VASERETIC  
VASOTEC  
VECAMYL  
verapamil  
verapamil ER  
verapamil SR  
VERELAN  
VERELAN PM  
ZESTORETIC  
ZIAC

### High Cholesterol

ALTOPREV  
amlodipine / atorvastatin  
ANTARA  
atorvastatin  
CADUET  
cholestyramine  
cholestyramine lite  
colesevelam  
colestipol  
ezetimibe  
ezetimibe / simvastatin  
fenofibrate  
fenofibrate micronized  
fenofibric acid  
fenofibric acid dr  
FENOGLIDE  
FIBRICOR  
FLOLIPID  
fluvastatin  
fluvastatin er  
gemfibrozil  
JUXTAPID<sup>SP</sup>  
KYNAMRO<sup>SP</sup>  
LIPOFEN  
LIVALO  
LOPID  
lovastatin  
niacin ER  
niacor  
omega-3-acid ethyl esters

PRALUENT  
pravastatin  
prevalite  
REPATHA  
REPATHA SURECLICK  
rosuvastatin  
simvastatin  
TRIGLIDE  
triklo  
TRILIPIX  
VASCEPA

### CONTRACEPTIVES<sup>†</sup>

*This section lists contraceptive categories. Please note that brands and generics are eligible dependent upon your benefit plan formulary.*

CONTRACEPTIVE PATCH  
CONTRACEPTIVE RING  
(NUVARING)  
EMERGENCY CONTRACEPTIVES  
IMPLANT CONTRACEPTIVE  
INJECTABLE CONTRACEPTIVE  
IUDs  
ORAL CONTRACEPTIVES

### DIABETES

#### Insulin

AFREZZA  
HUMALOG  
HUMALOG JUNIOR KWIKPEN  
HUMALOG KWIKPEN  
HUMALOG MIX 50 / 50  
HUMALOG MIX 50 / 50  
KWIKPEN  
HUMALOG MIX 75 / 25  
HUMALOG MIX 75 / 25  
KWIKPEN  
HUMULIN 70 / 30  
HUMULIN 70 / 30 KWIKPEN  
HUMULIN N  
HUMULIN N KWIKPEN  
HUMULIN R

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HUMULIN R U-500  
LANTUS  
LANTUS SOLOSTAR  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR

### Non-insulin

acarbose  
ACTOPLUS MET  
ACTOPLUS MET XR  
ACTOS  
AMARYL  
AVANDIA  
BYDUREON  
BYDUREON BCISE  
BYDUREON PEN  
BYETTA  
chlorpropamide  
CYCLOSET  
DUETACT  
glimepiride  
glipizide  
glipizide ER  
glipizide XL  
glipizide/metformin  
GLUCOTROL  
GLUCOTROL XL  
GLUCOVANCE  
glyburide  
glyburide / metformin  
glyburide micronized  
GLYNASE  
GLYSET  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUMET  
JANUMET XR  
JANUVIA  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
metformin  
metformin ER (not mod or osm)  
miglitol

nateglinide  
ONETOUCH VERIO KIT  
W/DEVICE †  
ONETOUCH ULTRA 2 †  
ONETOUCH ULTRA MINI †  
ONETOUCH VERIO FLEX  
SYSTEM †  
ONETOUCH VERIO IQ SYSTEM †  
ONETOUCH VERIO SYNC  
SYSTEM †  
OZEMPIC  
pioglitazone  
pioglitazone / metformin  
pioglitazone / glimepiride  
PRANDIN  
PRECOSE  
repaglinide  
repaglinide / metformin  
RIOMET  
SOLIQUA 100 / 33  
STARLIX  
SYMLINPEN 120  
SYMLINPEN 60  
SYNJARDY  
SYNJARDY XR  
tolazamide  
tolbutamide  
TRADJENTA  
TRULICITY  
VICTOZA  
XULTOPHY 100 / 3.6

### DIAGNOSTIC AGENTS AND SUPPLIES

BLOOD GLUCOSE MONITORS  
BLOOD GLUCOSE TEST STRIPS  
INSULIN SYRINGES AND NEEDLES  
LANCETS  
LANCET DEVICES

### ESTROGENS

ACTIVELLA  
ALORA  
amabelz  
ANGELIQ  
BIEST / PROGESTERONE

CLIMARA PRO  
COMBIPATCH  
covaryx  
covaryx HS  
DIVIGEL  
dotti  
DUAVEE  
eemt  
eemt HS  
ELESTRIN  
esterified estrogens/  
methltestosterone  
esterified estrogens/  
methltestosterone ds  
esterified estrogens/  
methltestosterone hs  
estradiol  
estradiol/norethindrone acetate  
ESTROGEL  
estropipate  
EVAMIST  
FEMHRT LOW DOSE  
fyavolv  
jevantique lo  
jinteli  
lopreeza  
MENEST  
MENOSTAR  
mimvey  
mimvey lo  
norethindrone acetate/ethinyl  
estradiol  
PREFEST  
PREMARIN  
PREMPHASE  
PREMPRO

### GASTROINTESTINAL-ULCER DRUGS†

ACIPHEX SPRINKLE  
AXID  
cimetidine  
CYTOTEC  
DEXILANT  
ESOMEPRAZOLE STRONTIUM  
famotidine  
FIRST-LANSOPRAZOLE †

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FIRST-OMEPRAZOLE †  
lansoprazole  
lansoprazole odt  
lansoprazole/amoxicillin/  
clarithromycin  
misoprostol  
nizatidine  
OMECLAMOX -PAK  
omeprazole  
pantoprazole  
pantoprazole dr  
PEPCID  
PREVPAC  
PRILOSEC  
PYLERA  
rabeprazole  
ranitidine  
sucralfate  
ZANTAC

## HEMATOLOGIC AGENTS

JIVI <sup>SP</sup>  
KOGENATE FS <sup>SP</sup>  
KOVALTRY <sup>SP</sup>  
NOVOEIGHT <sup>SP</sup>  
NUWIQ <sup>SP</sup>

## HIV/AIDS

abacavir <sup>SP</sup>  
abacavir / lamivudine <sup>SP</sup>  
abacavir / lamivudine /  
zidovudine <sup>SP</sup>  
APTIVUS <sup>SP</sup>  
atazanavir <sup>SP</sup>  
BIKTARVY <sup>SP</sup>  
CIMDUO <sup>SP</sup>  
COMBIVIR <sup>SP</sup>  
COMPLERA <sup>SP</sup>  
CRIXIVAN <sup>SP</sup>  
DELSTRIGO <sup>SP</sup>  
DESCOVY <sup>SP</sup>  
didanosine <sup>SP</sup>  
DOVATO <sup>SP</sup>  
EDURANT <sup>SP</sup>  
efavirenz <sup>SP</sup>  
EMTRIVA <sup>SP</sup>  
EPIVIR <sup>SP</sup>  
EPZICOM <sup>SP</sup>  
EVOTAZ <sup>SP</sup>  
fosamprenavir <sup>SP</sup>  
FUZEON <sup>SP</sup>  
GENVOYA <sup>SP</sup>  
INTELENCE <sup>SP</sup>  
INVIRASE <sup>SP</sup>  
ISENTRESS <sup>SP</sup>  
ISENTRESS HD <sup>SP</sup>  
JULUCA <sup>SP</sup>  
KALETRA <sup>SP</sup>  
lamivudine <sup>SP</sup>  
lamivudine / zidovudine <sup>SP</sup>  
LEXIVA <sup>SP</sup>  
lopinavir / ritonavir <sup>SP</sup>  
nevirapine <sup>SP</sup>  
nevirapine ER <sup>SP</sup>  
NORVIR <sup>SP</sup>  
ODEFSEY <sup>SP</sup>  
PREZCOBIX <sup>SP</sup>  
PREZISTA <sup>SP</sup>  
RESCRIPTOR <sup>SP</sup>  
RETROVIR <sup>SP</sup>  
REYATAZ <sup>SP</sup>  
ritonavir <sup>SP</sup>  
SELZENTRY <sup>SP</sup>  
stavudine <sup>SP</sup>  
STRIBILD <sup>SP</sup>  
SUSTIVA <sup>SP</sup>  
SYMFI <sup>SP</sup>  
SYMFI LO <sup>SP</sup>  
SYMTUZA <sup>SP</sup>  
tenofovir <sup>SP</sup>  
TIVICAY <sup>SP</sup>  
TRIUMEQ <sup>SP</sup>  
TRIZIVIR <sup>SP</sup>  
TROGARZO <sup>SP</sup>  
TRUVADA <sup>SP</sup>  
TYBOST <sup>SP</sup>  
VIDEX PEDIATRIC <sup>SP</sup>  
VIDEX EC <sup>SP</sup>  
VIRACEPT <sup>SP</sup>  
VIRAMUNE <sup>SP</sup>  
VIRAMUNE XR <sup>SP</sup>  
VIREAD <sup>SP</sup>  
ZERIT <sup>SP</sup>  
ZIAGEN <sup>SP</sup>

zidovudine <sup>SP</sup>

## MULTIPLE SCLEROSIS AGENTS

AUBAGIO <sup>SP</sup>  
BETASERON <sup>SP</sup>  
GILENYA <sup>SP</sup>  
glatiramer <sup>SP</sup>  
MAVENCLAD <sup>SP</sup>  
MAYZENT <sup>SP</sup>  
REBIF <sup>SP</sup>  
TECFIDERA <sup>SP</sup>  
TYSABRI <sup>SP</sup>

## OSTEOPOROSIS

ACTONEL  
alendronate  
ATELVIA  
BINOSTO  
BONIVA  
calcitonin -salmon  
etidronate di  
EVISTA  
FORTEO <sup>SP</sup>  
FOSAMAX  
FOSAMAX + D  
ibandronate  
risedronate  
risedronate dr  
TYMLOS  
zoledronic acid 5 mg/100 ml

## OTHER ANTIHYPERTENSIVE AGENTS

aliskiren  
guanabenz

## RESPIRATORY AGENTS

cromolyn sodium nebulizer  
solution

## SMOKING DETERRENTS †

bupropion er  
CHANTIX  
NICODERM CQ  
NICORETTE  
nicotine gum / lozenge / patch  
NICOTROL INH / NS  
ZYBAN

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## SUPPLIES

SPACER DEVICES

## TRANSPLANT †

ASTAGRAF XL <sup>SP</sup>  
AZASAN  
azathioprine  
CELLCEPT <sup>SP</sup>  
cyclosporine <sup>SP</sup>  
cyclosporine modified <sup>SP</sup>  
ENVARUS XR <sup>SP</sup>  
engraf <sup>SP</sup>  
IMURAN  
mycophenolate <sup>SP</sup>  
mycophenolic acid DR <sup>SP</sup>  
MYFORTIC <sup>SP</sup>  
NEORAL <sup>SP</sup>  
PROGRAF <sup>SP</sup>  
RAPAMUNE <sup>SP</sup>  
SANDIMMUNE <sup>SP</sup>  
sirolimus <sup>SP</sup>  
tacrolimus <sup>SP</sup>  
ZORTRESS <sup>SP</sup>

## VITAMINS & ELECTROLYTES †

### Pediatric vitamins with fluoride

(for example; POLY-VI-FLOR,  
tri-vit / fl)  
generic products  
BRAND NAME PRODUCTS

### Prenatal multivitamins with iron and folic acid

(for example; OB COMPLETE,  
prenatabs RX)  
generic products  
BRAND NAME PRODUCTS

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This list is should be used as a reference and may not include all medications.  
Brand or generic availability may not be current because of market changes.  
Using generics may be required based on your plan benefit.



**OPTUM**<sup>®</sup>

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**Preventive Premium**